

What do you say, FHA?

By Marie Palmer, Resident Service Coordinator

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www.falmouthhousing.org

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5 Things to Know About the Delta Variant

By Kathy Katella, August 3, 2021

The predominant COVID-19 strain has put the focus back on prevention

[Originally published: June 28, 2021. Updated: August 3, 2021.]

www.yalemedicine.org



Even as people began to feel some hope—or at least cautious optimism—early this summer that the pandemic could recede to the background, there was still the threat that new mutations of the COVID-19 virus could bring it back, and it might be even stronger. A major worry right now is Delta, a highly contagious SARS-CoV-2 virus strain, which was first identified in India in December. It swept rapidly through that country and Great Britain before reaching the U.S., where it is now the predominant variant.

The Centers for Disease Control and Prevention (CDC) described Delta as more transmissible than the common cold and influenza, as well as the viruses that cause smallpox, MERS, SARS, and Ebola—and called it as contagious as chickenpox in an internal document. The highest spread of cases and severe outcomes is happening in places with low vaccination rates, and virtually all hospitalizations and deaths have been among the unvaccinated, the CDC says. The CDC released data in July that showed vaccinated people can transmit Delta, which officials did not believe to be the case with other variants, leading to a prompt revision to masking guidelines.

Inci Yildirim, MD, PhD, a Yale Medicine pediatric infectious diseases specialist and a vaccinologist, isn't surprised by what's happening. "All viruses evolve over time and undergo changes as they spread and replicate," she says. People who are fully vaccinated against the coronavirus appear to have strong protection against Delta compared to those who aren't. Recent data on "breakthrough cases, from the Kaiser Foundation put these cases at well below 1% in the United States, and effectively 0% for severe illness and death. **But anyone who is unvaccinated and not practicing preventive strategies is at high risk for infection by the new variant, doctors say.**

Here are five things you need to know about the Delta variant.

1. Delta is more contagious than the other virus strains.

The first Delta case was identified in December 2020, and the variant soon became the predominant strain of the virus in both India and then Great Britain. By the end of July, Delta was the cause of more than 80% of new U.S. COVID-19 cases, according to CDC estimates.

The July CDC report on Delta's transmissibility came after an outbreak that occurred in Provincetown, Mass., after a crowded July 4 weekend, which quickly turned into a cluster of at least 470 cases. While the number of reported breakthrough cases in general has been very low in the U.S., three quarters of those infected in Provincetown were people who had been immunized. According to the CDC, even people with "breakthrough cases" carry tremendous amounts of virus in their nose and throat, and, according to preliminary reports, can spread the virus to others whether or not they have symptoms.

~Continue to pg. 2~

2. Unvaccinated people are at risk.

People who have not been fully vaccinated against COVID-19 are most at risk.

A recent study from the United Kingdom showed that children and adults under 50 were 2.5 times more likely to become infected with Delta. Thus far, no vaccine has been approved for children 5 to 12 in the U.S., although the U.S. and a number of other countries have either authorized vaccines for adolescents and young children or are considering them.

As older age groups get vaccinated, those who are younger and unvaccinated will be at higher risk of getting COVID-19 with any variant. Delta seems to be impacting younger age groups more than previous variants.”

3. Delta could lead to 'hyperlocal outbreaks.'

If Delta continues to move fast enough to accelerate the pandemic, Dr. Wilson says the biggest questions will be about the heightened transmissibility—how many people will get the Delta variant and how fast will it spread?

The answers could depend, in part, on where you live—and how many people in your location are vaccinated. Patchwork vaccination refers to pockets of highly vaccinated areas that are adjacent to places that have 20% vaccination. The problem is that this allows the virus to hop, skip, and jump from one poorly vaccinated area to another. Low-vaccinated towns that are surrounded by high vaccinated areas could end up with the virus contained within its borders, resulting in “hyperlocal outbreaks.” The pandemic could then mutate further and look different than what we’ve seen before.

4. There is still more to learn about Delta.

One important question is whether the Delta strain will make you sicker than the original virus. Many scientists say they don’t know yet. There have been reports of symptoms that are different than those associated with the original coronavirus strain. It seems like cough and loss of smell are less common. And headache, sore throat, runny nose, and fever are present based on the most recent surveys in the U.K., where more than 90% of the cases are due to the Delta strain.

5. Vaccination is the best protection against Delta.

The most important thing you can do to protect yourself from Delta is to get fully vaccinated. Whether or not you are vaccinated, it’s also important to follow CDC prevention guidelines that are available for vaccinated and unvaccinated people.

Like everything in life, this is an ongoing risk assessment. If it is sunny and you’ll be outdoors, you put on sunscreen. If you are in a crowded gathering, potentially with unvaccinated people, you put your mask on and keep social distancing. If you are unvaccinated and eligible for the vaccine, the best thing you can do is to get vaccinated.

Face masks can provide additional protection and the WHO has encouraged mask-wearing even among vaccinated people. The CDC updated its guidance in July to recommend that both vaccinated and unvaccinated individuals wear masks in public indoor settings in areas of high transmission to help prevent Delta’s spread and to protect others, especially those who are immuno-compromised, unvaccinated, or at risk for severe disease.

The agency is also recommending universal indoor masking for all teachers, staff, students, and visitors to K-12 schools.

Of course, there are many people who cannot get the vaccine, because their doctor has advised them against it for health reasons or because personal logistics or difficulties have created roadblocks—or they may choose not to get it. Will the Delta variant be enough to encourage those who can get vaccinated to do so? No one knows for sure, but it’s possible, says Dr. Wilson, who encourages anyone who has questions about vaccination to talk to their family doctor.

(According to the Mayo Clinic 64.3% of Massachusetts residents are fully vaccinated and 73.3 % have had at least 1 dose. www.mayoclinic.org)



HOUSING DISCRIMINATION UNMASKED.

Don't let housing discrimination get covered up.

"When I went looking for an apartment, I wore a mask. But they could still see I'm Black. I was told that they wouldn't rent to me because they heard Black people were disproportionately getting COVID-19."

COVID-19 inequity is real, and it shouldn't be made worse because of housing discrimination. If you suspect housing discrimination because of your race, color or national origin, file a complaint with HUD or your local fair housing center so we can investigate it.

For more information, go to:

hud.gov/fairhousing or call **1-800-669-9777**

Federal Relay Service **1-800-877-8339**

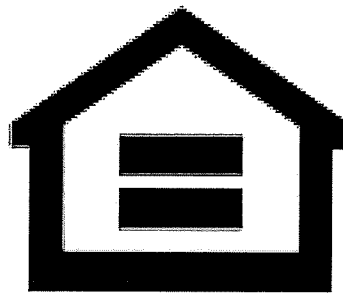


NFHA
NATIONAL FAIR HOUSING ALLIANCE



FAIR HOUSING: THE LAW IS ON YOUR SIDE.

A public service message from the U.S. Department of Housing and Urban Development in cooperation with the National Fair Housing Alliance. The federal Fair Housing Act prohibits discrimination because of race, color, religion, national origin, sex, familial status or disability.



**EQUAL HOUSING
OPPORTUNITY**

**We Do Business in Accordance With the Federal Fair
Housing Law**

(The Fair Housing Amendments Act of 1988)

**It is illegal to Discriminate Against Any Person
Because of Race, Color, Religion, Sex,
Handicap, Familial Status, or National Origin**

- | | |
|---|---|
| <input type="checkbox"/> In the sale or rental of housing or residential lots | <input type="checkbox"/> In the provision of real estate brokerage services |
| <input type="checkbox"/> In advertising the sale or rental of housing | <input type="checkbox"/> In the appraisal of housing |
| <input type="checkbox"/> In the financing of housing | <input type="checkbox"/> Blockbusting is also illegal |

Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination:

1-800-669-9777 (Toll Free)

1-800-927-9275 (TTY)

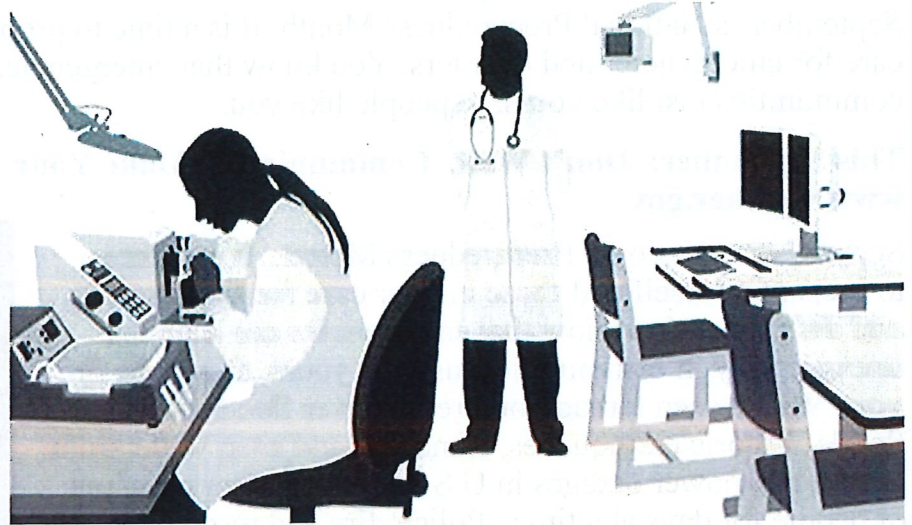
**U.S. Department of Housing and
Urban Development
Assistant Secretary for Fair Housing and
Equal Opportunity
Washington, D.C. 20410**

Vaccines have saved countless lives over centuries of use and research

www.capecodhealth.org

By Rich Holmes, August 17, 2021

In America today, parents no longer fear that smallpox, polio or diphtheria might cripple or kill them or their children. Routine vaccinations keep those diseases, as well as mumps, pertussis (whooping cough), measles, hepatitis, tetanus, influenza, HPV (human papillomavirus), rubella (German measles) and others at bay.



Pandemics and other significant outbreaks make it clear the vital role that vaccines play in protecting our communities,” said Benjamin R Levin, MD, Cape Cod Healthcare’s new chief quality officer. Vaccines have once again played a part in mitigating a worldwide epidemic with the development of vaccines for COVID-19.

Vaccines are one of our most powerful weapons in the fight against the ever-evolving pathogens that we encounter, and our ability to mass produce them rapidly continues to improve. The speed and efficiency with which the COVID-19 vaccines were developed gives us confidence in our ability to answer these threats effectively in the future.”

British physician Edward Jenner gets credit for starting the modern era of vaccination. In 1796, he inoculated an 8-year-old boy with matter from pustules from a similar illness, cowpox, on a young milkmaid. It was known that milkmaids seemed to be resistant to catching smallpox.

The practice of inoculation to protect against smallpox predates Jenner by hundreds of years, well before the discovery that bacteria and viruses cause many diseases and can be spread from an infected person to others, or any inkling of how our body’s immune system works to combat pathogens. Accounts from the 1500s report inoculation against smallpox in India and China, and it may have been practiced as early as 200 B.C.

Integral to U.S. History

Epidemics, inoculations, and vaccines shaped America. A 2019 study published in *Quaternary Science Reviews* estimates after Christopher Columbus began traveling to the Americas in 1492, by 1600 about 56 million Native American people had died of disease the Europeans brought – known as the “Great Dying.” Communicable disease facilitated European occupation of native lands and played a role in warfare.

During the Civil War twice as many soldiers died from disease than battle injuries, according to the National Park Service.

From the late 1800s, progress on understanding communicable diseases and development of vaccines proceeded at an increasing pace. The path forward for vaccines was dotted with mistakes and errors, and opposition to them waxed and waned. However, scientists responded to setbacks and criticism by making vaccines safer, and health experts hail their overwhelming success in preventing disease. While no vaccine is 100 percent effective or without risk, “the benefits of vaccines far outweigh the risks,” according to the CDC.

What National month is September?

September is National Preparedness Month. It is a time to prepare yourself and those in your care for emergencies and disasters. You know that emergencies can happen unexpectedly in communities just like yours, to people like you.

This September: Don't Wait. Communicate. Make Your Emergency Plan Today.

www.weather.gov

September is National Preparedness Month. It is a time to prepare yourself and those in your care for emergencies and disasters. You know that emergencies can happen unexpectedly in communities just like yours, to people like you. We've seen tornado outbreaks, river floods and flash floods, historic earthquakes, tsunamis, and even water main breaks and power outages in U.S. cities affecting millions of people for days at a time. Police, fire and rescue may not always be able to reach you quickly in an emergency or disaster. The most important step you can take in helping your local responders is being able to take care of yourself; the more people are prepared, the quicker the community will recover. This September, please prepare and plan in the event you must go for three days without electricity, water service, access to a supermarket, or local services for several days. National Preparedness Month culminates on September 30th with National Preparedness Day, the National Day of Action.



The National Weather Service is proud to be participating in NPM. By doing so, they want to make sure YOU are prepared in case of a disaster (natural or man-made). If you haven't taken the time to think about how different disasters could affect you, then we challenge you to take the necessary steps to become informed and develop a plan for such events. The simple steps could SAVE YOUR LIFE!

- **Step 1: Learn Your risks & Responses – Be Informed!**

- Emergency Alerts: You can receive important lifesaving alerts no matter where you are – home, school, or work.

- Social Media: Some weather & safety information can be relayed through social media.

However, please remember that this is NOT an official means of receiving important lifesaving information.

- National Disasters: Know which natural disasters can occur in your area and how each could affect you.

- **Step 2: Make a plan!**

It's important to make an emergency plan that can be put into action as soon as disaster strikes. Also, make sure not to forget about your pets!

- **Step 3: Build a supply kit!**

A supply kit is a must when planning for potential disasters. You need to make sure you and your family have the necessary food and supplies to sustain you until the power returns or help arrives. It is also important to keep the kit maintained by keeping food/water fresh and supplies working properly. It is typically best to store the kit, along with any pet supplies, in a closet or the basement.

- **Step 4: Get Involved!**

Find opportunities to support community preparedness. There are many ways to get involved before disaster strikes. So, ask yourself, "How can I help?"

We are about to head into severe weather season, so remember these safety procedures while you're out and about... and please be safe!

After The Flood – Safety Reminders

AVOID Flood Waters – Standing water can hide washed out roads, debris, sewage, or even wildlife (such as gators)



HEED Road Closures – Do not attempt to drive around barricades (they are in place to protect you!!)



NEVER drive into water of unknown depth

WAIT for the 'ALL-CLEAR' before attempting to return home

Keep In Mind – You may be required to show proof of residence

LISTEN – to local government & official sources regarding food, shelter & forms of assistance

Only use bottled, boiled or treated water until you know the public water supply is safe



CHECK – for damage, gas leaks & food spoilage

BE CAREFUL – using heavy duty tools

DO NOT attempt to move structural supports or large debris



Lightning Safety



If You are Caught Outside in a Storm...

There is NO safe place outside during a thunderstorm but these actions may *slightly* reduce your risk of being struck.

- **Avoid open fields, the top of a hill or a ridge top**
- **Stay away from tall, isolated trees or other tall objects**
- **Stay away from water, wet items, and metal objects**

Note: A tent or open air building like a picnic shelter will NOT protect you from lightning.



Building a Weather-Ready Nation

NWS Lincoln, IL
www.weather.gov/Lincoln

Falmouth Public Library Programs:

Chess Club:

Tuesdays, September 7th, 14th, 21st and 28th

5:00 PM - 8:00 PM

Come join the Chess Club in the Periodicals reading room. Players of all ages and skill levels are welcome! Just come to the circulation desk to grab a chessboard.

For more information, contact Linda Collins, Library Director 508-457-2555 x 2961

Book Bike:

Please join Laura, Meg and Jen from the Falmouth Public Library at Rose Morin, Mayflower and Salt Sea Apartments this month. They will be providing a large selection of free books, DVD's, a variety of puzzle books along with some great company!

Look for the library book bike in your area:

Rose Morin Apartments

Friday, September 10th at 11:00 AM

Mayflower Apartments

Monday, September 13th at 10:30 AM

Salt Sea Apartments

Monday, September 20th at 10:30 AM

Weather permitting!



Join our Community Partners at WeCan

Four Wednesdays, starting September 22 @ 5:30pm

Complete Job Search Series

This free, four-week workshop series will explore the life cycle of the job search,



Participants will come away from this four-week series with:

- a professional resume
- a LinkedIn profile that optimizes their skill sets and work experience
- confident interview techniques and networking skills
- broad understanding of the job search process: from identifying where you see your future career to giving notice to salary negotiation

This workshop will be facilitated by WE CAN Volunteer Julie DeSorgher. Julie has extensive experience in executive search, management consulting, and as a senior manager in healthcare organizations. She has reviewed thousands of resumes, coached numerous candidates on resume development and interviewing skills, and worked with client organizations to assess their leadership needs. As Principal of Julie DeSorgher Consulting, she assists professionals in creating customized, professional resumes and online profiles tailored to meet their needs and career goals and helps them learn how to best present themselves in any interview setting.

Facilitated by Volunteer Julie DeSorgher

via Zoom

More Info: call 508-430-8111 or email

mairead@wecancenter.org





Information sent to us from the Falmouth Police Department:

Now you can drop off all your old or unused prescription medications 24 hours a day, 7 days a week in the lobby of the Falmouth Police Department, 750 Main Street, Falmouth, MA

Accepted items:

Prescription Medications, Prescription Patches, Prescription Ointments, Over-the-counter medications, Vitamins, Samples, Pet Medication

Not accepted:

Hydrogen Peroxide, Thermometers Inhalers, Needles (sharps), Aerosol cans, Ointments, Lotions or Liquids, Medication from businesses or clinics,

*Keep prescription medicine away from our children and out of the water supply!
Please remember it is a health hazard to flush medications down the toilet!



Community Health Center Zoom Yoga Class

We would like to invite you to participate in Zoom Yoga classes taught by Community Health Center's Dina Irwin, Certified Yoga Instructor. The classes will take place on Fridays, September 3rd, 10th, 17th and 24th at 11 AM, in the convenience of your own home. Join the meeting by logging onto Zoom and enter **Meeting ID# 268 755 316.**



It's fun and it's free.

Stay fit and fight stress at the same time...

Do Yoga!



Board of Commissioners Meeting

The Falmouth Housing Authority Board of Commissioners Meeting will be held via Zoom on September 21st 2021 at 4:30 p.m. You may join in the meeting by going to <https://us02web.zoom.us/j/84285651140>. Click on "Join Meeting" and Enter the Meeting ID: 842 8565 1140. Or call into the meeting by dialing 1 (646) 558-8656 and Enter the Meeting ID: 842 8565 1140.

Enjoy what Falmouth has to offer!

Falmouth events:

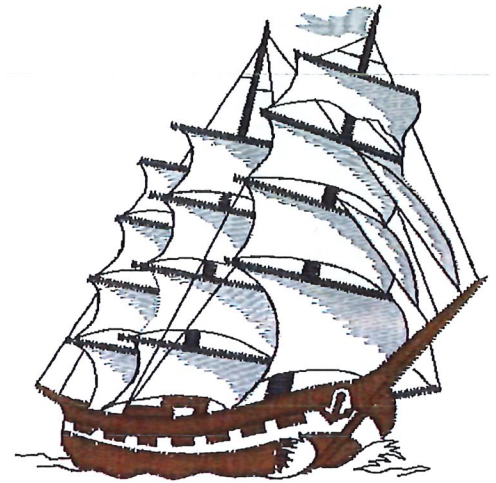
Falmouth Farmers Market

Thursdays 12 – 5 PM

Marine Park, Scranton Ave.

Falmouth Rotary Craft Fair

The Rotary Craft Fair is a community institution and will be kicking off their 21st year on September 4th and 5th from 9:00 AM to 4:00 PM. The fair will be held at Marine Park on Scranton Ave. and will feature entertainment, crafts, antiques, and food.



Wampanoag Cultural Celebration Day

September 25th from 10:00 AM to 2:00 PM

Highfield Hall & Gardens

With Massachusetts' and the Capes' deep history with indigenous people, Highfield is partnering with members of the Wampanoag Education committee, and Rotary of Falmouth to present a fun and educational day-long festival to celebrate and raise awareness of the culture and history of local tribes whose ancestral lands include Cape Cod, the Islands, and reach to Marshfield and the Blue Hills.

This family friendly day will include hands-on activities such as corn husk dolls, clay beads, and quahog shell rattles, traditional games, dance, storytelling, and tastes of Native American food. There will also be vendors from the Wampanoag Trading Post as well as other crafts/vendors from the tribe.

This event will take place on the lawn and tent at Highfield Hall & Gardens, tickets are \$10 per adult, children are free, registration is required.

Calling all pet and Service Animal Owners-

We would love to hear your stories about your pet or service animal and what they mean to you. If you would like a feature article about your beloved in the newsletter, please contact Marie Palmer, (508) 548-1977 ext. 212. You could provide a little write up or Marie could interview you and take a photo to share in a future newsletter.

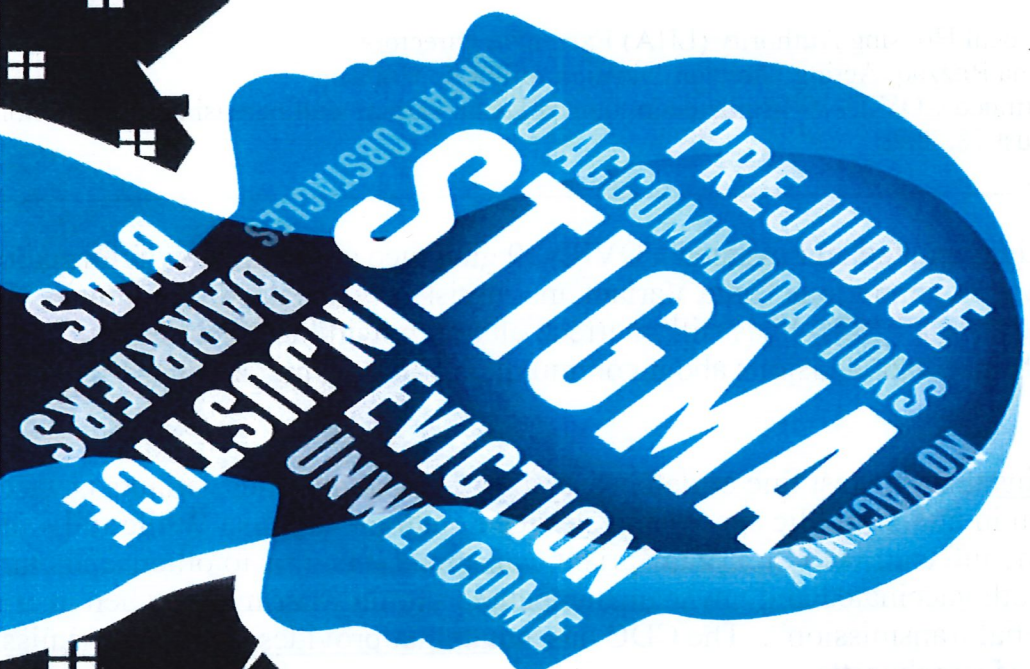


Nicholas Devonis has transferred to a new role at FHA. He is now the *State Certification Clerk* and is responsible for many tasks associated with Salt Sea, Mayflower/Choate and the scattered 705 properties. If you would like to contact Nick please call (508) 548-1977 ext. 222.



*Individuals with **mental health, intellectual, or developmental disabilities** deserve equal housing opportunities.*

Housing discrimination
against individuals with
mental health, intellectual,
or developmental
disabilities is illegal.



If you believe you have
experienced housing
discrimination, contact
HUD to file a complaint.



Visit www.hud.gov/fairhousing or call the National Discrimination Hotline at 1-800-669-9777 or 1-800-877-8339 (Fed. Relay)



Commonwealth of Massachusetts
DEPARTMENT OF HOUSING &
COMMUNITY DEVELOPMENT

Charles D. Baker, Governor * Karyn E. Polito, Lieutenant Governor * Jennifer D. Maddox, Undersecretary

PHN 2021-18

To: All Local Housing Authority (LHA) Executive Directors
From: Fatima Razzaq, Acting Director, Division of Public Housing
Re: Continued COVID-19 Vigilance in light of Delta Variant and increasing transmission rates
Date: August 18, 2021

DHCD is circulating updated and restated COVID-19 guidance given the new information available on the highly contagious Delta Variant and its risk to vaccinated individuals. The guidance provided in [PHN 2021-11](#) is still in effect, although with the recent rise in transmission DHCD does emphasize that decisions about community room opening and mask wearing can be decided locally.

The CDC maintains that the best line of defense against this and all other variants is vaccination and masking when in indoor public spaces and crowded outdoor settings. While fully vaccinated individuals become infected with the Delta variant can spread the virus to others and current CDC guidance is that both vaccinated and unvaccinated people should wear masks when in areas with “high and substantial transmission”. The CDC has a [map that provides current transmission rates in each county of Massachusetts](#).

While most public health restrictions have been lifted, individual businesses, non-profits, and government entities such as Housing Authorities **can set their own rules for employees and** visitors as long as they are consistent with existing contracts and laws. Housing authorities should work with their local board of health and their attorney for guidance.

Thought there are no blanket DHCD mandates or recommendations at this time, LHA should feel empowered to make decisions at their own discretion regarding instituting masking requirements for staff and/or the temporary closure of community rooms. DHCD encourages LHA’s to work with their local boards of health on any specific questions relating to COVID-19 safety protocols, policies or procedures.

Moving forward and until further notice, DHCD staff have been instructed to wear masks when entering resident units. DHCD staff have been instructed to social distance when in confined indoor spaces and to wear a mask when social distancing is not possible.

At this time, DHCD is not pausing capital projects and plans to begin onsite PMRs in late September beginning with the FYE 6/30/21 cohort. LHAs should not pause unit inspections.

Because employees are frequently dealing with COVID or the need to quarantine, LHAs are reminded that there is a current legislative mandate to provide COVID-19 leave time to certain eligible employees who are sick or need to quarantine, or are being vaccinated, but this mandate is only in effect until September 30, 2021 or until a \$75 million dollar fund is exhausted whichever occurs sooner. [The COVID-19 Temporary Emergency Paid Sick Leave Program](#) fact sheet for employers is available on the Commonwealth's website. If you have questions about this law you can talk with your attorney, payroll service or DHCD.

Please contact your Housing-Management Specialist with questions about this notice, and Risk Management Specialist Sarah O'Leary with specific questions about employment law and policies.

100 Cambridge Street, Suite 300
617.573.1100
02114



www.mass.gov/dhcd
Boston, Massachusetts

Direct Draft:

The Falmouth Housing Authority strongly encourages tenants to pay rent via direct deposit. This is a safe and convenient way to take care of rent payment.

According to www.smallbusiness.chron.com, as part of the growing popularity of electronic banking, paperless money transfers are becoming the norm. According to the American Bankers Association, electronic payments now outnumber paper transactions in the nation's payments system. Automatic bank drafts are part of the electronic banking system, as automatic bank drafts permit two parties to exchange funds through a paperless process. No check or even a debit card is needed to complete the transfer.

How It Works

Often, to begin the process, the bank account holder must provide the third party or payee with a voided check along with a signed formal authorization form. The payee then presents the authorized request to the bank or financial institution. It may take several weeks before the first automatic bank draft is completed. Thereafter, the drafts generally work on a set schedule. The company often sends the customer a notice prior to requesting the payment from the financial institution if the amount varies from month to month. The notice lets the customer know the amount to be withdrawn from the checking or savings account and the date on which the transfer will take place.

*You can find, and use, the Tenant Rent Direct Draft form on the following page.





115 Scranton Avenue
Falmouth, MA 02540
Tel: (508) 548-1977
Fax: (508) 457-7573
TDD 1-800-545-1833 x185
www.falmouthhousing.org

TENANT RENT DIRECT DRAFT

AUTHORIZATION AGREEMENT FOR PREAUTHORIZED PAYMENTS (ACH DEBITS)

COMPANY NAME: Falmouth Housing Authority
COMPANY ID NUMBER: 04-6000780

I (we) hereby authorize the Falmouth Housing Authority, hereinafter called COMPANY, to initiate DEBIT entries and to initiate, if necessary, CREDIT entries and adjustments for any DEBIT entries in error, to my (our) Checking () Savings () account indicated at the depository named below, hereinafter called DEPOSITORY, to credit and/or debit the same to such account.

DEPOSITORY NAME: _____
BRANCH: _____
CITY, STATE, ZIP CODE: _____
ROUTING NUMBER: _____
ACCOUNT NUMBER: _____

Please Attach Voided Check for Checking Accounts or Bank Authorization for Savings

This authorization is to remain in full force and effect until COMPANY has received written notice from me (or either of us) of its termination in such time and in such manner as to afford COMPANY and DEPOSITORY a reasonable opportunity to act on it.

NAME(S): _____
ID NUMBER: _____
(For FHA Use)

SIGNED: _____
DATE: _____

EMAIL ADDRESS: _____

DETAILS/COMMENTS:

*Monthly direct draft of rent, adjusted as necessary, on the 4th day of the month (or first business day thereafter).

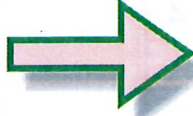
If you are a person with disabilities and you require a reasonable accommodation, please contact the housing authority at (508) 548-1977 or via email at info@falmouthhousing.org for assistance.

FHA Activities Packet, August 2021

By Marie Palmer, Resident Service Coordinator

Last months riddles:

What makes you, young?



Answer:

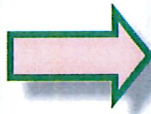
The letters 'ng' makes you, young.

Riddle of the month

John's father has five sons.

The names of four sons are Papa, Pepe, Pipi and Popo respectively.

What is the name of the fifth son?



Call into the housing authority at 508-548-1977 with your answer.

If you leave a message make sure you give your name and phone number, also leave the time and date that you call.

The first five people with the correct answer will get a prize!

You might want to grab a pencil and paper or a calculator for this math trick:

1. Choose a number from 1 to 9 (number = a):

1 2 3 4 5 6 7 8 9

2. Multiply your number by 2.

$a \times 2$

3. Add 5 to your result.

$(a \times 2) + 5$

4. Multiply the result by 50.

$((a \times 2) + 5) \times 50$

5. If you've had a birthday this year, add 1771.

If you haven't, add 1770.

6. Subtract the year of your birth from the result.

7. You should get a three-figure number.

The first figure is the number you chose initially, and the other two are your age.

SUDOKU GAME WITH ANSWER

		3			4	5		2
	5				3			
		8			5	3	6	
			2			7	4	3
2	7		3				8	
3	4		7	5				
		5	4					6
9		2					5	
4					2	9		

7	9	3	8	6	4	5	1	2
6	5	4	1	2	3	8	9	7
1	2	8	9	7	5	3	6	4
5	8	6	2	1	9	7	4	3
2	7	9	3	4	6	1	8	5
3	4	1	7	5	8	6	2	9
8	3	5	4	9	1	2	7	6
9	1	2	6	3	7	4	5	8
4	6	7	5	8	2	9	3	1

SUDOKU GAME WITH ANSWER

	9	2		5		3		
	4	3		2		1		
	5		3	9			2	4
2	6	5			3	8		
4					1			3
		7	4		2			
			7	4		5		
9			2		5	6		
5	2			3				7

7	9	2	1	5	4	3	8	6
6	4	3	8	2	7	1	5	9
8	5	1	3	9	6	7	2	4
2	6	5	9	7	3	8	4	1
4	8	9	5	6	1	2	7	3
3	1	7	4	8	2	9	6	5
1	3	6	7	4	8	5	9	2
9	7	4	2	1	5	6	3	8
5	2	8	6	3	9	4	1	7

Enjoy a good laugh with these Groucho Marx quotes.

While his legal name was Julius Henry Marx, he is famously known as Groucho Marx. And he was the third born of the Marx Brothers.

Not only that, but he was also known for being one of America's greatest comedians. Groucho was an actor, writer, television star, and radio star.

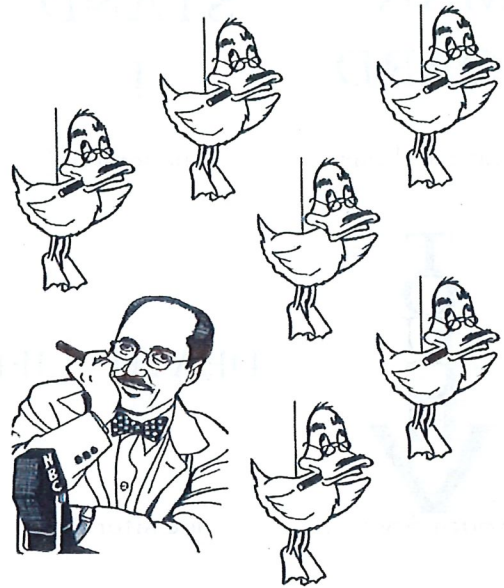
Even if you don't really know who he is, there's one thing that you're sure to be familiar with—Groucho glasses. These are the horned rim glasses that have the nose and fake mustache attached to them. He was famously known for this along with his walk and one-liners.

Take a trip down memory lane and read the following Groucho Marx quotes and escape from the tension of your day.

Groucho Marx quotes

1. "The secret of life is honesty and fair dealing. If you can fake that, you've got it made." – Groucho Marx
2. "Who are you going to believe, me or your own eyes?" – Groucho Marx
3. "I, not events, have the power to make me happy or unhappy today. I can choose which it shall be. Yesterday is dead, tomorrow hasn't arrived yet. I have just one day, today, and I'm going to be happy in it." – Groucho Marx
4. "Before I speak, I have something important to say." – Groucho Marx
5. "Marriage is a wonderful institution, but who wants to live in an institution?" – Groucho Marx
6. "She's so in love with me, she doesn't know anything. That's why she's in love with me." – Groucho Marx
7. "Be open minded, but not so open minded that your brain falls out." – Groucho Marx
8. "Outside of a dog, a book is a man's best friend. Inside of a dog, it's too dark to read." – Groucho Marx
9. "One morning I shot an elephant in my pajamas. How he got into my pajamas I'll never know." – Groucho Marx
10. "A hospital bed is a parked taxi with the meter running." – Groucho Marx
11. "My favorite poem is the one that starts 'Thirty days hath September' because it actually tells you something." – Groucho Marx
12. "Humor is reason gone mad." – Groucho Marx
13. "I must confess, I was born at a very early age." – Groucho Marx
14. "I've had a perfectly wonderful evening. But this wasn't it." – Groucho Marx
15. "A black cat crossing your path signifies that the animal is going somewhere." – Groucho Marx
16. "Next time I see you, remind me not to talk to you." – Groucho Marx
17. "In Hollywood, brides keep the bouquets and throw away the groom." – Groucho Marx
18. "I find television very educating. Every time somebody turns on the set, I go into the other room and read a book." – Groucho Marx

Find the duck that is different from the others.



<p>MAN BOARD</p> <p>man over board</p>	<p>STAND I</p> <p>i understand</p>	<p>READING</p> <p>reading between the lines</p>	<p>MIND MATTER</p> <p>mind over matter</p>	<p>ECNALG</p> <p>backward glance</p>
<p>TOUCH V</p> <p>touch down</p>	<p>DEATH LIFE</p> <p>life after death</p>	<p>GOING DIET</p> <p>going on a diet</p>	<p>LE VEL</p> <p>bi level</p>	<p>CYCLE CYCLE CYCLE</p> <p>tricycle</p>
<p>BAN ANA NOON LAZY</p> <p>banana split</p>	<p>NOON LAZY</p> <p>lazy afternoon</p>	<p>R ROAD A D</p> <p>road crossing</p>	<p>PAS</p> <p>incomplete pass</p>	<p>BJAOCKX</p> <p>jack in the box</p>
<p>++</p> <p>double cross</p>	<p>XQQQME</p> <p>excuse me</p>	<p>NAFISH NAFISH</p> <p>tunafish</p>	<p>TIME ABDEF</p> <p>long time no see</p>	<p>YOUR REST</p> <p>your under arrest</p>
<p>DEAL</p> <p>big deal</p>	<p>GESG</p> <p>scrambled eggs</p>	<p>III III O O</p> <p>circles under the eyes</p>	<p>CLOSE CLOSE CLOSE CLOSE</p> <p>foreclose</p>	<p>GROUND</p> <p>6 feet under ground</p>

